



PARFAIRE
Medical Aesthetics

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TOTAL SKIN REJUVENATION AND RESTORATION WITH FRACTORA™ - TREATMENT CARE INSTRUCTIONS

PRE-TREATMENT RECOMMENDATIONS

- If you have a history of keloids (*raised scarring*), diabetes, any condition involving impairment of the skin or impairment of healing, have a pacemaker or internal defibrillator discuss this with the medical professional before proceeding.
- Treatment will not be provided to clients who are pregnant or are trying to get pregnant.
- Discontinue the use of Accutane (or products containing Isotretinoin) for at least 6 months prior to treatments. Discontinue the use of Retin-A (or products containing Tretinoin) 7 days before treatment.
- You should discontinue any medicine that impairs coagulation including Aspirin, Motrin, Fish oil, etc... 3 days prior to treatment. Do not discontinue prescription anticoagulants without first checking with your primary treating physician.
- For certain skin types we recommend pre-treatment with Parfaire Rx whitening cream for 2 weeks, stop using it 3 days before treatment, then resume 3 days after the treatment. This will be addressed during the consultation.
- Notify our medical professional if you have had laser resurfacing within the past 3 months or if you have had chemical or mechanical peeling within the last 2 weeks.
- Notify our medical professional if you have had any injections or fillers in the treatment area in the past 4 weeks.
- Notify our medical professional if you have any metallic dental implants or are allergic to nickel.
- The treatment area must be free of any open sores, lesions or skin infections. For treatment of pigmented skin lesions, you should first consult a specialist if there is a family or personal history of skin cancer, or if you have these concerns.
- Avoid sun tanning for at least 2 weeks prior to treatments. This will also be required after treatments. You must avoid self-tanning creams for at least 1 week prior to treatments.

POST-TREATMENT RECOMMENDATIONS

- Apply post treatment healing ointment or cream such as Parfaire Medical Grade Intensive Recovery Therapy to the treated area 2-3 times per day. It is important that you keep the treated areas moist so healing occurs appropriately.
- It is normal for your skin to be moderately red, swollen and slightly tender. Redness and swelling may last several days up to 2 weeks depending on your skin's response to the treatment.
- Gently mist your face with cool water or use a clean washcloth as a cold compress (gently) to treated areas as needed. Do not rub or wipe the cloth over affected areas. Add 1 teaspoon of white vinegar to the water to soothe any burning sensation. Reapply healing ointment or cream after each compress to keep the area moist.
- Post treatment day 2 or 3, you may begin cleansing the area gently with Parfaire Gentle Cleanser or Cetaphil Liquid Cleanser. Please do not use scrubs or exfoliants. . You may begin using sunblock and makeup if the skin is not too sensitive.
- For certain skin types, on day 4 you may start applying Parfaire Skin Whitening Cream once a day or once every other day as tolerated/directed, continuing for 3-4 weeks after the treatment. This is to prevent occasional complications of hyper- or hypo-pigmentation that is associated with darker skin.
- Do not pick, peel, or scratch the treated areas. Any crusting or scabbing will slough/slide off on its own when the new skin is ready for exposure.
- Use a Broad Spectrum Sunscreen of SPF 40 or greater at all times when exposed to sunlight after day 2-3. This includes driving.
- You may return to your normal skin care routine after 5-7 days or when your physician instructs you to do so.
- Your post treatment appointment will be made at the time of treatment. If you experience any questions or experience fever, chills, drainage, discharge, or extreme discomfort, please contact our office immediately.

Please call our office should you have any questions or concerns regarding your Fractora™ treatment or aftercare at 626-844-7273 (Tue-Sat 10am-6pm), or email us anytime at reception@parfaire.com.

The entire staff at Parfaire Medical Aesthetics committed to patient education, safety and care.