



PARFAIRE
Medical Aesthetics

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NEUROMODULATOR (BOTOX / DYSPORT / XEOMIN /JEUVEAU) - TREATMENT CARE INSTRUCTIONS

Pre-Treatment Recommendation

- Please let your provider know if previously you have hypersensitive or allergic reaction to Botox.
- Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood which will increase the risk of bruising.
- Avoid anti-inflammatory/blood thinning medications 5 days before treatment. Medications and supplements such as Aspirin, Vitamin E, Ginkgo Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.
- Schedule Botox appointment at least 2 weeks prior to a special event which may be occurring, i.e. wedding, vacation, etc. etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.

Post-Treatment Recommendation

- Immediately following your treatment, please do not lie down for 2 hours. No straining, heavy lifting, vigorous exercise for **24 hours** following treatment.
- Avoid manipulation of area for **24 hours** following treatment as this may disrupt the placement of the drug. This includes not doing a facial, peel, or microdermabrasion after treatment. A facial, peel, or microdermabrasion can be done the same day only if they are done before injection.
- Facial exercises by contract and release the treated muscles every few minutes are recommended for 1-hour following treatment. This is to stimulate the binding and uptake of the drug only to the localized area. It can take up to **14 days** to take full effect.
- It is recommended that the patient contact the office no later than **2 weeks** after treatment if desired effect was not achieved and no sooner to give the toxin time to work.
- If you would like to re-apply makeup, please do so gently over the treated area.

Please call our office should you have any questions or concerns regarding your Neuromodulator treatment or aftercare at 626-844-7273 (Tue-Sat 10am-6pm), or email us anytime at reception@parfaire.com.

The entire staff at Parfaire Medical Aesthetics committed to patient education, safety and care.